



## Welcome Back to School 2015-2016

Hello, my name is Michelle Goodman RN, and I am the school nurse at Eaton Middle School. It is always my pleasure to care for your student/s each year. As a school nurse, I cannot diagnose illnesses or conditions, but I can assess your child's health and make recommendations. In middle school, students should become active participants in their own health care. My door is always open to you both to discuss any concerns that you may have. **A healthy mind and body promotes academic excellence. I am anticipating a great year!**

Please refer to the following information:

- **Emergency Cards-** It is extremely important that the yellow emergency card is completed, front and back, signed, and **returned** to school within the first few days. Please **update** changes to contact information throughout the school year.
- **Medication-All medications,** (including over-the counter), require an order from a licensed practitioner. The practitioner must complete the proper medication permission form(s). Medication must be brought to the clinic by a parent, guardian, or designated adult. It should be properly labeled, in a pharmacy issued bottle. It is the responsibility of the parent/guardian to provide refills as needed throughout the year and to pick up unused medication at the end of the year. All medication not picked up will be discarded.
- **Screenings-**Seventh graders will be screened for height, weight, body mass index (BMI), hearing, and vision. Parents who choose not to have their child participate may opt out by providing written notice 10 days after enrollment. Scoliosis information is provided to all middle school parents and students with the first report card.
- **Allergies- For students requiring medication for severe allergies it is imperative that all paper work and medicine is provided to the school nurse.** The Severe Allergy Medical Management Plan can be found at the above web site or in the clinic. Each year brings more students with severe food allergies. Please bear this in mind when sending in food to school for celebrations. Know where it comes from and how it is made.
- **Crutches/wheel chairs-**All devices that are required to assist mobility must have a physician's order and the parent/guardian will provide the device.
- **Illness-** For the well being of all, please keep your student home when s/he is ill or until fever-free for 24 hours without the aid of fever-reducing medication. If you think your student may have a contagious condition, (strep throat, chicken pox, pink eye, flu, etc.), please do not send your student to school until seen by his/her Health Care Provider and under treatment for 24 hours. **Please notify the school if your child is absent due to illness.**
- All medical forms can be found at:  
**<http://www.hampton.k12.va.us/departments/health/health.htm>**

Respectfully,

Michelle Goodman RN  
Eaton Middle School Nurse  
Phone: 757-825-4547 Fax: 757-825-4551

### **Hampton City Schools Non-Discrimination Notice**

Hampton City Schools does not discriminate on the basis of race, color, national origin, sex, disability, age or other protected classes in its programs and activities and provides equal access to the Boy Scouts and other designated youth groups. The following person has been designated to handle inquiries regarding the non-discrimination policies:

Robbin G. Ruth, Executive Director of Human Resources  
One Franklin Street, Hampton, VA 23669; 757-727-2318